

# TAVOLA

RESTAURANT + BAR

## • LUNCH MENU •

### SOUPS + SALADS

**SOUP DU JOUR** - chef's daily selection of seasonal ingredients ... 6

**FRENCH ONION SOUP** - caramelized onions, beef broth, melted cheese, crostini ... 7

**CAESAR** - chopped romaine, house made croutons, creamy dressing, parmesan tuile ... 8

🌿 **LA VISTA** - field greens, roasted butternut squash, diced beets, pumpkins seeds, goat cheese, Fuji apple cider vinaigrette ... 10

🌿 **BRUSSELS SPROUTS + SPINACH** – shaved brussels sprouts, baby spinach, candied pecans, cranberries, bleu cheese, blueberry pomegranate dressing ... 9

🌿 **POWER BLEND KALE SALAD** - cranberries, walnuts, apples, bacon vinaigrette ... 9

#### ADD PROTEIN TO ANY SALAD

*For an additional price...*

**Grilled or Blackened Chicken ... + 7**

**Grilled or Blackened Shrimp ... + 14**

**Grilled or Blackened Salmon ... + 12**

**Sesame Crusted Ahi Tuna ... + 14**

**Two Mini Jumbo Lump Crab Cakes ... + 15**

### STARTERS

**WILD MUSHROOM BRUSCHETTA** - feta, grilled Naan bread ... 9

🌿 **SAUSAGE STUFFED MUSHROOMS** - spinach, roasted peppers, mozzarella ... 11

🌿 **SHRIMP LEJON** - stuffed with horseradish, wrapped in bacon, side of creamy horseradish sauce ... 15

**CHEESESTEAK EGGROLLS** - served with a side of chipotle remoulade sauce ... 10

**HUMMUS DUO** - roasted red pepper hummus and roasted garlic hummus, fresh seasonal vegetables, feta, pita bread ... 13

**JUMBO WINGS (8)** - your choice: chipotle brown sugar | fresh rosemary + garlic | jalapango | hot | mild | bbq ... 12

**CALAMARI** - lightly fried, parsley, basil, parmesan cheese, toasted breadcrumbs, side of marinara ... 14

**NACHOS** - tri color tortilla chips, black olives, jalapeños, pico de gallo, white cheddar cheese sauce, sour cream and shredded lettuce ... 12 | *Add carnitas shredded pork, chipotle chicken or short rib ... +5*

**QUESADILLA** - sautéed peppers and onions, shredded cheddar blend, side of pico de gallo, sour cream and shredded lettuce ... 10 | *Add chipotle chicken ... +3*

### ON THE SIDE

**FRENCH FRIES ... 6**

**SWEET POTATO FRIES ... 8**

**ONION RINGS ... 7**

🌿 **SIDE SALAD** - mixed greens, cucumber, onion, heirloom tomatoes, balsamic vinaigrette ... 5

**LINGUINI** - tossed in house made marinara ... 7

### MOCKTAILS

**CUCUMBER LEMONADE ... 5.50**

**GINGER PEAR ... 5.50**

**BLACKBERRY MINT SODA ... 5.50**

**STRAWBERRY BASIL SODA ... 5.50**

## BRICK OVEN PIZZA

**TAVOLA** - marinara, Italian sausage, roasted peppers, shredded mozzarella ... 15

**MARGHERITA** - marinara, shredded mozzarella, basil, drizzled with extra virgin olive oil ... 13

**BRUSCHETTA** – garlic oil, fresh tomatoes, mozzarella, parmesan, basil, balsamic glaze ... 13

**SPINACH ARTICHOKE** – white sauce, spinach, artichokes, provolone and ricotta cheeses ... 14

**CHICKEN BACON RANCH** – grilled chicken, smoked bacon, mozzarella, garlic oil, drizzled with ranch dressing ... 15

**CHEESEBURGER** – seasoned ground beef, American cheese, pickles, shredded lettuce, ketchup and thousand island drizzle, sesame seed crust ... 14

**SHARP UPSIDE DOWN** – sharp provolone, marinara, basil, extra virgin olive oil ... 14


## SANDWICHES

**ANGUS BURGER** - bacon, cheddar cheese, tomato, lettuce, onion, brioche bun, side of fries ... 14

**PRIME RIB SANDWICH** - provolone, horseradish cream sauce, brioche bun, side of fries ... 16

**SHORT RIB PANINI** - horseradish Havarti cheese, red onion, thick cut sourdough bread, side of fries ... 16

**GRILLED REUBEN** - shaved corned beef, Swiss cheese, sauerkraut, Russian dressing, marble rye bread, side of fries ... 15

 **BEYOND BURGER** - meatless burger, lettuce, tomato, onion, pickles, sourdough bread, side of fries ... 15

**WHISKEY BBQ PULLED PORK** - slow roasted pulled pork, topped with coleslaw, brioche bun, side of fries ... 14

**JERK SALMON WRAP** - mango habanero aioli, lime cabbage slaw, side of fries ... 14

**FISH AND CHIPS** – beer battered fish and chips, poblano tarter sauce and malt vinegar ... 15

**BEEF SLIDERS (3)** - cheese whiz, sliced dill pickle, potato buns ... 12

**CRAB CAKE SLIDERS (3)** - jumbo lump crab, spicy citrus aioli, potato buns ... 15

**CHIPOTLE CHICKEN TACOS (2)** - queso fresco, pico de gallo, shredded cabbage, cilantro aioli ... 14

**BLACKENED MAHI-MAHI TACOS (2)** - mango pepper slaw, pico de gallo, spicy citrus aioli ... 15

## ENTRÉES

*We are gluten free friendly! All entrees can be prepared to accommodate a gluten free diet. Please ask your server for details.*

**BRAISED SHORT RIB** – slow-cooked, boneless beef, root vegetable demi-glace, roasted Tuscan potatoes ... 25

**CHICKEN PARMESAN** - pan fried cutlet, fresh mozzarella, linguini, house made marinara ... 19

**CHICKEN VALDOSTANA** – sautéed chicken breast, prosciutto de parma, fontina cheese, basil, white wine sauce with spinach and smashed potato ... 21

**SHRIMP + STUFFED RIGATONI** – spinach, sundried tomatoes, alfredo sauce ... 25

**PAN SEARED SALMON** – wild rice, sundried tomatoes, sautéed kale, tarragon, white wine reduction ... 24

**DUO JUMBO LUMP CRAB CAKES** - wild rice, sautéed broccoli ... 33

**ROASTED YELLOW PEPPER CAVATAPPI** – asparagus, artichokes, mushrooms, sundried tomatoes, roasted yellow pepper cream sauce ... 18

**THREE EGG OMELETTE** - chef's daily creation served with your choice of toast, side of fruit salad ... 11



Gluten Free



Vegan

\*NO SUBSTITUTIONS. Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of food borne illness. Parties of 8 or more will have an 18% gratuity added to their check.

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JOIN US EVERY SUNDAY FOR BRUNCH + BUILD YOUR OWN BLOODY MARYS  
10 AM - 2 PM | RESERVATIONS 610.543.2100 or TAVOLAS.COM